

# Pharmacy Program Updates: Quarterly Pharmacy Changes Effective Jan. 1, 2020 – Part 2

This article is a continuation of the previously published *Quarterly Pharmacy Changes Part 1 article*. While that part 1 article included the drug list revisions/exclusions, dispensing limits, utilization management changes and general information on pharmacy benefit program updates, this part 2 version contains the more recent coverage additions, utilization management updates and any other updates to the pharmacy program.

### **DRUG LIST CHANGES**

Based on the availability of new prescription medications and Prime's National Pharmacy and Therapeutics Committee's review of changes in the pharmaceuticals market, some additions (new to coverage) and/or some coverage tier changes (drugs moved to a lower out-of-pocket payment level) will be made to the Blue Cross and Blue Shield of New Mexico (BCBSNM) drug lists.

Please note: Revisions (drugs still covered but moved to a higher out-of-pocket payment level) and/or exclusions (drugs no longer covered) were included in the *Quarterly Pharmacy Changes Part 1 article*. Your patient(s) may ask you about therapeutic or lower cost alternatives if their medication is affected by one of these changes.

Changes effective Jan. 1, 2020 are outlined below.

## Drug List Coverage Additions – As of Jan. 1, 2020

Preferred Drug <sup>1</sup>	Drug Class/Condition Used For			
Basic, Multi-Tier Basic, Multi-Tier Basic Annual, Enhanced, Enhanced Annual, Multi-Tier				
Enhanced and Multi-Tier Enhanced Annual Drug Lists				
BELBUCA (buprenorphine hcl buccal film 75 mcg, 150	Pain			
mcg, 300 mcg, 450 mcg, 600 mcg, 750 mcg, 900 mcg				
(base equivalent))				
EMGALITY (galcanezumab-gnlm subcutaneous soln	Episodic Cluster Headache			
prefilled syr 100 mg/ml)				
FIASP PENFILL (insulin aspart (with niacinamide) soln	Diabetes			
cartridge 100 unit/ml)				
MAVENCLAD (cladribine tab therapy pack 10 mg (4	Multiple Sclerosis			
tabs), 10 mg (5 tabs), 10 mg (6 tabs), 10 mg (7 tabs), 10				
mg (8 tabs), 10 mg (9 tabs), 10 mg (10 tabs))				
NORDITROPIN FLEXPRO (somatropin inj 5 mg/1.5 ml,	Growth Hormone Deficiency			
10 mg/1.5 ml, 15 mg/1.5 ml, 30 mg/3 ml)				
PIQRAY 200 MG DAILY DOSE (alpelisib tab therapy	Cancer			
pack 200 mg daily dose)				
PIQRAY 250 MG DAILY DOSE (alpelisib tab pack 250	Cancer			
mg daily dose (200 mg & 50 mg tabs))	-			
PIQRAY 300 MG DAILY DOSE (alpelisib tab pack 300	Cancer			
mg daily dose (2x150 mg tab))				
PROGLYCEM (diazoxide susp 50 mg/ml)	Hypoglycemia			
RINVOQ (upadacitinib tab er 24hr 15 mg)	Rheumatoid Arthritis			
SUNOSI (solriamfetol hcl tab 75 mg, 150 mg (base	Excessive Daytime Sleepiness			
equiv))				
SYMPROIC (naldemedine tosylate tab 0.2 mg (base	Opioid-Induced Constipation			
equivalent))				
TRULANCE (plecanatide tab 3 mg)	Chronic Idiopathic Constipation			

A Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

VERZENIO (abemaciclib tab 50 mg, 100 mg, 150 mg,	Cancer	
200 mg)		
VITRAKVI (larotrectinib sulfate cap 25 mg, 100 mg (base	Cancer	
equivalent))		
VITRAKVI (larotrectinib sulfate oral soln 20 mg/ml (base	Cancer	
equivalent))		
VYNDAMAX (tafamidis cap 61 mg)	Transthyretin Amyloid Cardiomyopathy	
	(TTR-CM)	
VYNDAQEL (tafamidis meglumine (cardiac) cap 20 mg)	Transthyretin Amyloid Cardiomyopathy	
	(TTR-CM)	
Enhanced, Enhanced Annual, Multi-Tier Enhanced an	d Multi-Tier Enhanced Annual Drug Lists	
IBRANCE (palbociclib cap 75 mg, 100 mg, 125 mg)	Cancer	
JANUMET (sitagliptin-metformin hcl tab 50-500 mg, 50-	Diabetes	
1000 mg)		
JANUMET XR (sitagliptin-metformin hcl tab er 24hr 50-	Diabetes	
500 mg, 24hr 50-1000 mg, 24hr 100-1000 mg)		
Balanced, Performance and Perform	ance Select Drug Lists	
AFLURIA QUADRIVALENT 2019 -2020 (influenza virus	Influenza Vaccine	
vaccine split quadrivalent im inj)		
AFLURIA QUADRIVALENT 2019 -2020 (influenza virus	Influenza Vaccine	
vac split quadrivalent susp pref syr 0.25 ml, 0.5 ml)		
aminocaproic acid oral soln 0.25 gm/ml (generic for	Hemorrhage, Bleeding Prophylaxis	
AMICAR)		
CIMZIA (certolizumab pegol inj kit 2 x 200 mg/ml)	Crohn's Disease, Rheumatoid Arthritis,	
······································	Psoriatic Arthritis, Ankylosing Spondylitis,	
	Plaque Psoriasis	
CIMZIA STARTER KIT (certolizumab pegol inj kit 6 x 200	Crohn's Disease, Rheumatoid Arthritis,	
mg/ml)	Psoriatic Arthritis, Ankylosing Spondylitis,	
	Plaque Psoriasis	
CORLANOR (ivabradine hcl oral soln 5 mg/5 ml (base	Heart Failure	
equiv))		
DOPTELET (avatrombopag maleate tab 20 mg (base	Thrombocytopenia, Chronic Liver Disease	
equiv))		
EMGALITY (galcanezumab-gnlm subcutaneous soln	Episodic Cluster Headache	
prefilled syr 100 mg/ml)		
epinephrine solution auto-injector 0.15 mg/0.3 ml	Anaphylaxis	
(1:2000) (generic for EPI-PEN JR)		
FERRIPROX (deferiprone tab 1000 mg)	Transfusional Iron Overload	
FLUAD 2019-2020 (influenza vac type a&b surface ant	Influenza Vaccine	
adj susp pref syr 0.5 ml)		
FLUARIX QUADRIVALENT 2019-2020 (influenza virus	Influenza Vaccine	
vac split quadrivalent susp pref syr 0.5 ml)		
FLUBLOK QUADRIVALENT 2019-2020 (influenza vac	Influenza Vaccine	
recomb ha quad pf soln pref syr 0.5 ml)		
FLUCELVAX QUADRIVALENT 2019-2020 (influenza vac	Influenza Vaccine	
tissue-cultured subunit quadrivalent im susp)		
FLUCELVAX QUADRIVALENT 2019-2020 (influenza vac	Influenza Vaccine	
tiss-cult subunt quad susp pref syr 0.5 ml)		
FLULAVAL QUADRIVALENT 2019-2020 (influenza virus	Influenza Vaccine	
vaccine split quadrivalent im inj)		
	Influenza Vaccino	
FLULAVAL QUADRIVALENT 2019-2020 (influenza virus vac split quadrivalent susp pref syr 0.5 ml)	Influenza Vaccine	

FLUZONE HIGH-DOSE PF 2019 -2020 (influenza virus vac split high-dose pf susp pref syr 0.5 ml)Influenza VaccineFLUZONE QUADRIVALENT 2019 -2020 (influenza virus vaccine split quadrivalent im inj)Influenza VaccineFLUZONE QUADRIVALENT 2019 -2020 (influenza virus vaccine split quadrivalent inj 0.5 ml)Influenza VaccineFLUZONE QUADRIVALENT 2019 -2020 (influenza virus vaccine split quadrivalent inj 0.5 ml)Influenza VaccineFLUZONE QUADRIVALENT 2019 -2020 (influenza virus vac split quadrivalent susp pref syr 0.25 ml, 0.5 ml)Influenza Vaccinehydrocortisone acetate suppos 25 mgCrohn's Disease, Ulcerative Colitis, Irritable Bowel Syndromeicatibant acetate inj 30 mg/3 ml (base equivalent)Hereditary Angioedema	
FLUZONE QUADRIVALENT 2019 -2020 (influenza virus vaccine split quadrivalent im inj)Influenza VaccineFLUZONE QUADRIVALENT 2019 -2020 (influenza virus vaccine split quadrivalent inj 0.5 ml)Influenza VaccineFLUZONE QUADRIVALENT 2019 -2020 (influenza virus vac split quadrivalent susp pref syr 0.25 ml, 0.5 ml)Influenza Vaccinehydrocortisone acetate suppos 25 mgCrohn's Disease, Ulcerative Colitis, Irritable Bowel Syndrome	
vaccine split quadrivalent im inj)Influenza virusFLUZONE QUADRIVALENT 2019 -2020 (influenza virus vaccine split quadrivalent inj 0.5 ml)Influenza VaccineFLUZONE QUADRIVALENT 2019 -2020 (influenza virus vac split quadrivalent susp pref syr 0.25 ml, 0.5 ml)Influenza Vaccinehydrocortisone acetate suppos 25 mgCrohn's Disease, Ulcerative Colitis, Irritable Bowel Syndrome	
FLUZONE QUADRIVALENT 2019 -2020 (influenza virus vaccine split quadrivalent inj 0.5 ml) Influenza Vaccine   FLUZONE QUADRIVALENT 2019 -2020 (influenza virus vac split quadrivalent susp pref syr 0.25 ml, 0.5 ml) Influenza Vaccine   hydrocortisone acetate suppos 25 mg Crohn's Disease, Ulcerative Colitis, Irritable Bowel Syndrome	
vaccine split quadrivalent inj 0.5 ml)Influenza virusFLUZONE QUADRIVALENT 2019 -2020 (influenza virus vac split quadrivalent susp pref syr 0.25 ml, 0.5 ml)Influenza Vaccinehydrocortisone acetate suppos 25 mgCrohn's Disease, Ulcerative Colitis, Irritable Bowel Syndrome	
FLUZONE QUADRIVALENT 2019 -2020 (influenza virus vac split quadrivalent susp pref syr 0.25 ml, 0.5 ml) Influenza Vaccine   hydrocortisone acetate suppos 25 mg Crohn's Disease, Ulcerative Colitis, Irritable Bowel Syndrome	
vac split quadrivalent susp pref syr 0.25 ml, 0.5 ml)hydrocortisone acetate suppos 25 mgCrohn's Disease, Ulcerative Colitis, Irritable Bowel Syndrome	
hydrocortisone acetate suppos 25 mg Irritable Bowel Syndrome	
Irritable Bowel Syndrome	
icatibant acetate ini 30 mg/3 ml (base equivalent)	
(generic for FIRAZYR)	
MAVENCLAD (cladribine tab therapy pack 10 mg (4 Multiple Sclerosis	
tabs), 10 mg (5 tabs), 10 mg (6 tabs), 10 mg (7 tabs), 10	
mg (8 tabs), 10 mg (9 tabs), 10 mg (10 tabs))	
morphine sulfate tab 15 mg, 30 mg Pain	
NORDITROPIN FLEXPRO (somatropin inj 5 mg/1.5 ml, Growth Hormone Deficiency	
10 mg/1.5 ml, 15 mg/1.5 ml, 30 mg/3 ml)	
NUCALA (mepolizumab subcutaneous solution auto- Asthma	
injector 100 mg/ml)	
NUCALA (mepolizumab subcutaneous solution pref Asthma	
syringe 100 mg/ml)	
OXYMORPHONE HYDROCHLORIDE ER (oxymorphone Pain	
hcl tab er 12hr 5 mg, 12hr 7.5 mg, 12hr 10 mg, 12hr 15	
mg, 12hr 20 mg, 12hr 30 mg, 12hr 40 mg)	
PIQRAY 200 MG DAILY DOSE (alpelisib tab therapy Cancer	
pack 200 mg daily dose)	
PIQRAY 250 MG DAILY DOSE (alpelisib tab pack 250 Cancer	
mg daily dose (200 mg & 50 mg tabs))	
PIQRAY 300 MG DAILY DOSE (alpelisib tab pack 300 Cancer	
mg daily dose (2x150 mg tab))	
posaconazole tab delayed release 100 mg (generic for Fungal Infections	
NOXAFIL)	
pregabalin cap 25 mg, 50 mg, 75 mg, 100 mg, 150 mg, Diabetic Neuropathy, Fibromyalgia,	
200 mg, 225 mg, 300 mg (generic for LYRICA capsules) Seizures	
pregabalin soln 20 mg/ml (generic for LYRICA oral Diabetic Neuropathy, Fibromyalgia,	
solution) Seizures	
PROCARE SPACER CHAMBER W/ ADULT MASK Spacer for Inhaler	
(spacer/aerosol-holding chambers - device)	
PROCARE SPACER CHAMBER W/ CHILD MASK Spacer for Inhaler	
(spacer/aerosol-holding chambers - device)	
RINVOQ (upadacitinib tab er 24hr 15 mg)   Rheumatoid Arthritis	
RUZURGI (amifampridine tab 10 mg) Lambert-Eaton Myasthenic Syndrom	е
(LEMS)	
SUNOSI (solriamfetol hcl tab 75 mg, 150 mg (base Excessive Daytime Sleepiness	
equiv))	
SYMDEKO (tezacaftor-ivacaftor 50-75 mg & ivacaftor 75 Cystic Fibrosis	
mg tab tbpk)	
SYMJEPI (epinephrine soln prefilled syringe 0.15 mg/0.3 Anaphylaxis	
(1:2000))	
ml (1:2000))	
THIOLA EC (tiopronin tab delayed release 100 mg, 300 Kidney Stone Prophylaxis	
THIOLA EC (tiopronin tab delayed release 100 mg, 300 Kidney Stone Prophylaxis mg)	
THIOLA EC (tiopronin tab delayed release 100 mg, 300 mg) Kidney Stone Prophylaxis   triamterene cap 50 mg, 100 mg (generic for DYRENIUM) Heart Failure, Edema	
THIOLA EC (tiopronin tab delayed release 100 mg, 300 Kidney Stone Prophylaxis mg)	hy

VYNDAQEL (tafamidis meglumine (cardiac) cap 20 mg	) Transthyretin Amyloid Cardiomyopathy (TTR-CM)		
XPOVIO 60 MG ONCE WEEKLY (selinexor tab therap	/ Cancer		
pack 20 mg (60 mg once weekly))			
XPOVIO 80 MG ONCE WEEKLY (selinexor tab therap	/ Cancer		
pack 20 mg (80 mg once weekly))			
XPOVIO 80 MG TWICE WEEKLY (selinexor tab thera	y Cancer		
pack 20 mg (80 mg twice weekly))			
XPOVIO 100 MG ONCE WEEKLY (selinexor tab thera	by Cancer		
pack 20 mg (100 mg once weekly))			
Performance and Performa			
	ain		
150 mcg, 300 mcg, 450 mcg, 600 mcg, 750 mcg,			
900 mcg (base equivalent))			
FIRDAPSE (amifampridine phosphate tab 10 mg	mbert-Eaton Myasthenic Syndrome (LEMS)		
(base equivalent))	(base equivalent))		
Balanced Dr			
ASPIRIN/OMEPRAZOLE (aspirin-omeprazole tab	Myocardial Infarction and Stroke		
delayed release 81-40 mg, 325-40 mg)	Prophylaxis		
CORTISPORIN-TC (neomycin-colistin-hc-thonzonium	Infections		
otic susp 3.3-3-10-0.5 mg/ml)			
halcinonide cream 0.1% (generic for HALOG cream)	Dermatitis, Inflammatory Conditions		
KATERZIA (amlodipine benzoate oral susp 1 mg/ml	Hypertension		
(base equivalent))			
ORPHENADRINE CITRATE/ASPIRIN/CAFFEINE	Musculoskeletal Pain		
(orphenadrine w/ aspirin & caffeine tab 50-770-60 mg)			
ORPHENGESIC FORTE (orphenadrine w/ aspirin &	Pain, Muscle Spasm		
caffeine tab 50-770-60 mg)	•		
PYRIDOSTIGMINE BROMIDE (pyridostigmine bromid	Myasthenia Gravis		
tab 30 mg)			
SLYND (drospirenone tab 4 mg)	Contraception		
TRINAZ (prenatal vit w/ fe gluconate-fa tab 12-1 mg)	Prenatal Vitamin		
VANCOMYCIN HYDROCHLORIDE (vancomycin hcl fo	Infections		
oral soln 50 mg/ml (base equivalent))			

<sup>1</sup>*Third-party brand names are the property of their respective owner.* 

Drug <sup>1</sup>	New Lower Tier	Drug Class/Condition Used For
	ice and Performance Se	
amlodipine besylate-valsartan tab 5-320	Preferred Generic	Hypertension
mg, 10-160 mg		
bicalutamide tab 50 mg	Preferred Generic	Cancer
bupropion hcl tab er 24hr 150 mg	Preferred Generic	Depression
doxycycline hyclate cap 100 mg; tab 100	Preferred Generic	Infections
mg		
duloxetine hcl enteric coated pellets cap	Preferred Generic	Depression, Diabetic Neuropathy,
20 mg (base equivalent)		Fibromyalgia
erythromycin tab delayed release 250	Non-Preferred Generic	Infections
mg, 333 mg, 500 mg		
eszopiclone tab 1 mg	Preferred Generic	Insomnia
famciclovir tab 125 mg	Preferred Generic	Viral Infections
fenofibrate tab 145 mg, 160 mg	Preferred Generic	Hypercholesterolemia
hydrocodone w/ homatropine syrup 5-1.5	Preferred Generic	Cough
mg/5 ml; tab 5-1.5 mg		
ibandronate sodium tab 150 mg (base	Preferred Generic	Osteoporosis
equivalent)		
methylprednisolone tab 16 mg	Preferred Generic	Inflammatory Conditions
morphine sulfate tab cr 15 mg; er 15 mg	Preferred Generic	Pain
oxybutynin chloride tab er 24hr 10 mg; sr	Preferred Generic	Overactive Bladder, Urinary
24hr 10 mg		Incontinence
phenobarbital tab 15 mg, 30 mg, 60 mg,	Preferred Generic	Seizures, Insomnia
100 mg		
prednisone tab therapy pack 5 mg (21),	Non-Preferred Generic	Inflammatory Conditions
5 mg (48), 10 mg (21), 10 mg (48)		
PROGLYCEM (diazoxide susp 50	Preferred Brand	Hypoglycemia
mg/ml)		
sotalol hcl (afib/afl) tab 80 mg, 160 mg	Preferred Generic	Atrial Fibrillation
SYMPROIC (naldemedine tosylate tab	Preferred Brand	Opioid-Induced Constipation
0.2 mg (base equivalent))	Dreferred Drend	Chronic Idianathic Constinution
TRULANCE (plecanatide tab 3 mg)	Preferred Brand	Chronic Idiopathic Constipation
VARUBI (rolapitant hcl tab 90 mg (base	Preferred Brand	Nausea/Vomiting
equiv)) VERZENIO (abemaciclib tab 50 mg, 100	Preferred Brand	Cancer
mg, 150 mg, 200 mg)	Fleieneu Blanu	Cancer
VITRAKVI (larotrectinib sulfate cap 25	Preferred Brand	Cancer
mg, 100 mg (base equivalent))	Fleiened Bland	Cancer
VITRAKVI (larotrectinib sulfate oral soln	Preferred Brand	Cancer
20 mg/ml (base equivalent))	Therefred Drand	Cancer
	I	1
Pe	rformance Drug List	
PREMARIN (estrogens, conjugated tab	Preferred Brand	Hot Flashes
0.3 mg, 0.45 mg, 0.625 mg, 0.9 mg, 1.25		
mg)		
PREMPHASE (conj est 0.625 (14)/conj	Preferred Brand	Menopause Side Effects and
est-medroxypro ac tab 0.625-5 mg (14))		Osteoporosis Prevention
PREMPRO (conjugated estrogen-	Preferred Brand	Menopause Side Effects and
medroxyprogest acetate tab 0.3-1.5 mg,		Osteoporosis Prevention

# Drug List Updates (Coverage Tier Changes) – As of Jan. 1, 2020

SODIUM FLUORIDE (sodium fluoride tab 0.5 mg f (from 1.1 mg naf), 1 mg f (from 2.2 mg naf))	Preferred Brand	Fluoride Supplement	
Balanced Drug List			
BELBUCA (buprenorphine hcl buccal film 75 mcg, 150 mcg, 300 mcg, 450 mcg, 600 mcg, 750 mcg, 900 mcg (base equivalent))	Preferred Brand	Pain	

<sup>1</sup>*Third-party brand names are the property of their respective owner.* 

## UTILIZATION MANAGEMENT PROGRAM CHANGES

- Correction to the Standard Utilization Management (UM) Programs:
  - The Amifampridine Prior Authorization (PA) Program, previously known as the Firdapse PA Program, was incorrectly listed as a Non-Specialty PA program. This program is a Specialty PA program and includes the target drugs Firdapse and Ruzurgi. As a reminder, this program applies to the Basic, Enhanced, Enhanced Annual, Balanced, Performance and Performance Select Drug Lists.
- Effective Jan. 1, 2020, the Sunosi PA program and target drug Sunosi will be added to the Balanced, Performance and Performance Select Drug Lists.

For the most up-to-date drug list and list of drug dispensing limits, visit the Pharmacy Program section of our Provider website.

If your patients have any questions about their pharmacy benefits, please advise them to contact the number on their member ID card. Members may also visit *bcbsnm.com* and log in to Blue Access for Members<sup>SM</sup> (BAM<sup>SM</sup>) or MyPrime.com for a variety of online resources.

### Out of Network Specialty Pharmacy Update – Changes Effective Jan. 1, 2020

Starting Jan. 1, 2020, BCBSNM will implement a new process for specialty drug claims filled at an out-ofnetwork (OON) specialty pharmacy. This will mirror BCBSNM's current process for non-specialty drug claims filled OON. If members continue to use an OON specialty pharmacy after Jan. 1, they may be responsible for the full cost of the medicine. Based on their plan, members may be able to submit a claim to have their OON benefits applied.

Letters were sent to members who have been using an OON specialty pharmacy. The letter informs them of the change, how to transfer their existing prescription(s) and what to expect if they continue to use the same pharmacy they are using now. If your office stores pharmacy information on your patients' records, confirm with your patient the specialty pharmacy they use to update your records.

### **Reminder: Drug Coupon Change**

Drug manufacturer coupons (or copay cards) used by members for specialty and non-specialty drugs will not count toward the deductible (if applicable) and/or annual out-of-pocket maximum effective on or after Jan. 1, 2020. This change applies to most BCBSNM members with a group health plan, though some exceptions may apply.

Letters were sent starting in October to members who had been identified as using a drug coupon. Please call the number on the member's ID card to verify coverage, or for further assistance or clarification on your patient's benefits. Prime Therapeutics LLC is a pharmacy benefit management company. BCBSNM contracts with Prime to provide pharmacy benefit management and related other services. BCBSNM, as well as several independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime. MyPrime.com is an online resource offered by Prime Therapeutics.

The information mentioned here is for informational purposes only and is not a substitute for the independent medical judgment of a physician. Physicians are to exercise their own medical judgment. Pharmacy benefits and limits are subject to the terms set forth in the member's certificate of coverage which may vary from the limits set forth above. The listing of any particular drug or classification of drugs is not a guarantee of benefits. Members should refer to their certificate of coverage for more details, including benefits, limitations and exclusions. Regardless of benefits, the final decision about any medication is between the member and their health care provider.